April 2025

Ó Máille



O'Malley Clan Association Monthly Newsletter

This month's highlights....

- · Congratulations to our **Guardian Chieftain Ellen**
- · Get in touch and share your O'Malley Heritage!
- · Brian O'Malley-bidding to summit Everest!
- Cormac O'Malley launches an exhibition in UL & a new book
- Ellen O'Malley Dunlop-Order of Merit
- George O'Malley Master **Plasterer**
- "Every Minute Matters"-Shawn O'Malley
- The Clan Gathering 2025
- The O'Malley crossword!
- About The O'Malley Clan **Association**
- The O'Malley Clan Association Needs You! Join Today!!

A huge congratulations to our Guardian Chieftain!

Congratulations to our Guardian Chieftain Ellen O'Malley Dunlop on her Clans of Ireland Order of Merit Award this month. Ellen's many years of work on behalf of the O'Malley Clan have rightly been recognised by Clans of Ireland, the umbrella group for Irish Clan Organisations, as being an outstanding contribution to Irish life



Get in touch, and share your O'Malley Heritage!

Have you got an article or old photographs that you'd like to submit for future editions of "O Maille" The O'Malley Clan Association Newsletter.

We'd love to hear from you wherever you're based around the world. Old photographs and stories to go with them, old letters, family trees or just an article that you'd like to share with the rest of the clan. Drop us a line and We'll get right to it!

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o_malley_clan_association



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Brian O'Malley aiming to summit Everest!

East Cobb man's Everest aspiration: 'My mindset is the summit'

Will Brian be the first O'Malley to summit Everest?

Brian O'Malley is also using his Mt.

Everest expedition to raise money for the Tunnel to Towers Foundation, which assists veterans and first responders and their families with housing needs. (All photos and videos courtesy Brian O'Malley)



Brian O'Malley in the Himalayas

After trekking the equivalent of three or four marathons in a little more than a week near Mt. Everest, Brian O'Malley is back home the States, resting up for a return to attempt to reach the top of the world.

The long-time East Cobb resident admits to having been intrigued by the idea of climbing Everest before, and has watched many programs and videos of those who've aimed at reaching the peak of 29,032 feet above sea level. But taking on such a plan for real was prompted by a physical challenge.

The 60-year-old former U.S. Navy aviator has always been up for daunting tasks. But after recovering from major back surgery—after decades of being in constant pain—he wanted to test his renewed body in a completely different way. "My back hasn't felt this good in my life," O'Malley said earlier this week, a few days after his arrival back from Nepal. "And I've had that [Everest climb] in the back of my head."

After convincing his wife he was up to the challenge, he and his brother-in-law Steve McDaniel made a preparatory visit earlier this month.

O'Malley will return in mid-April to join an elite, experienced Everest team to see how far high he can go. He would be the oldest Georgian to reach the top, and only the third person his age to do it.

"The goal is to get to the summit," he said. "But not everyone can do that. My mindset is the summit.

If he can achieve that, he said, "all glory to God. If not, "at least I tried and gave it the best I have."

His first trip to the Himalayas also served as the first phase of O'Malley's fundraising effort for the Tunnel to Towers Foundation, which provides mortgage-free homes for the families of fallen first responders, Gold Star families, and catastrophically injured veterans and first responders.

They've nearly surpassed their initial goal of \$15,000 in pledges and are accepting pledges for the second leg (you can donate here).

O'Malley is the son of a retired Chicago firefighter, and his brother-in-law is a police officer in Georgia. The O'Malley family—he and his wife Shelley and daughter Lauren are U.S. Naval Academy graduates, and son Luke is enrolled there now—is steeped in service. (The O'Malley children all graduated from Lassiter High School.)

Brian O'Malley aiming to summit Everest!

"Training for Life" has been his motto, extending to the Georgia Stingrays swimming team, based at the Mountain View Aquatic Center, and where his other daughter, Shannon (later a University of Georgia standout and All-American) nurtured her athletic talent.

"I've never stopped training," O'Malley said. "I've always been physical."

His preparations beforehand included incorporating a regimen that included plenty of leg squats, pullups, and other body motions to simulate "what I would be doing on the mountain."

In his first trip, they reached the Everest base camp, at around 17,000 feet, to get acclimated to the altitude, testing equipment and learning all the details about making such a journey. He donned an oxygen mask that made him look like Darth Vader, as he climbed incrementally, 2,000 or so feet at a time.

"It made you really concentrate on your breathing," he said, admitting also that "it kind of caused a panic attack. The key was to work through that, to learn how to take deep breaths and think pleasant thoughts."

But overall, he said, "we did good on our initial effort." O'Malley took most of this week off at the behest of the expedition leader, and will resume his workouts and preparations next week. The expedition will last around 45-50 days, traversing more than 12,000ft from the basecamp (there are four camps in all) to the top.

"It's dangerous, but the sherpas know that mountain like the back of their hand," O'Malley said. "They know what they're doing. I feel like I'm in really good hands."

If you're interested in donating to the Tunnel to Towers Foundation, you can do so by clicking here.

Best wishes for the trip Brian, from all O'Malleys!!

Brian O'Malley and brother-in-law Steve McDaniel during their trek near the Mt. Everest base camp earlier in March.



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Cormac O'Malley launches new exhibition at UL & a new book!

At the University of Limerick recently for the book launch of "Constant Quest: Life and Selected Works, Helen Hooker O'Malley Roelofs" and the accompanying exhibition at the Bourn Vincent Gallery at UL.

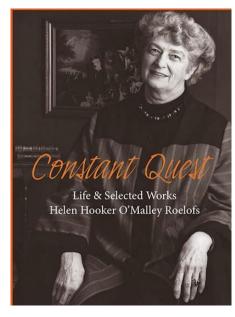
The exhibition was opened by Cormac K.H. O'Malley, Author and Historian, (and former O'Malley Clan Chieftain), and Trish Lambe, CEO & Artistic Director of Photo Museum Ireland. The book, alongside the exhibition, will offer a rich exploration of Helen Hooker O'Malley Roelofs's extraordinary artistic journey and enduring legacy.





Above Left: Cormac O'Malley at the Exhibition and Book launch. Above Right: Michael O'Malley and Elaine O'Malley, both Limerick. Below Left: Dr Edward Walsh, Founding President of UL, Guardian Chieftain Ellen O'Malley Dunlop, and Tánaiste Denise O'Malley at UL.





Guardian Chieftain Ellen—Clans of Ireland Order of Merit

What a day it was in Dublin on Saturday 6th April as our fabulous Guardian Chieftain, Ellen O'Malley-Dunlop was awarded the Clans of Ireland Order of Merit, in recognition of her trojan work over the years.

The Citation for the award outlines the outstanding efforts of Ellen over the years. Well done Ellen!

The Council of the Order of Merit is pleased to confer the appointment as a Companion of the Clans of Ireland Order of Madame Ellen O'Malley-Dunlop CIOM, the Guardian Chieftain of the O'Malley Clan for 10 years, during which time she has been instrumental in leading the growth and influence of the Clan.

The O'Malley Clan Association was founded in the late 1940s, initially to raise funds for the restoration of the Grace O'Malley castle of Carrigahowley, near Newport, County of Mayo on the shores of Clew Bay. The first Clan Rally was held in 1953 at the restored castle



Clans of Ireland Chair, Gearoid O Cealligh, Guardian Chieftain Ellen O'Malley Dunlop, and O'Malley Clan Chieftain Grace O'Malley

and Gatherings have been held annually since then. Each year a Tánaiste is elected, who succeeds to the Chieftainship a year later. The Chieftain represents the Clan in all

matters for the duration of their chieftainship, with the Guardian Chieftain providing continuity and guidance as chair of the Council of past Chieftains. She served as Chieftain in 1993-1994, organising a memorable Clan Rally on Clare Island. She was the first serving Chieftain to visit the USA and engage with O'Malleys in New York and Chicago. She edited the Clan Newsletter for many years and was a Director of the Granuaile Trust, which was set up to raise funding for the preservation of O'Malley heritage, such as the unique frescoes in the Cistercian Abbey on Clare Island. As an active member of the council of former chieftains, she has been centrally involved in the activities of the clan for over 30 years.

For over 20 years Ellen has been Co-Director of Bard Mythologies and the organiser of the Annual Bard Summer School Clare Island, County of Mayo. Bard Mythologies runs workshops, seminars and discussion groups exploring Irish myths and legends and their relevance to current discourse. It publishes materials arising from the various programmes and events. Ellen is a qualified psychotherapist and was a founder member of the MSc masters programme in

Psychoanalytical Psychotherapy in Trinity College. She has served as member of the board of the National Women's Council of Ireland and the Task Force for the Child and Family Agency and she was also the chair of the Irish Council for Psychotherapy.

Ellen served as CEO for the Dublin Rape Crisis Centre for 10 years (2006-16). As a result of this role, she has become a highly respected advocate for the rights of victims of sexual violence in this jurisdiction. She was elected as chair of the board of the National Women's Council of Ireland in 2017. She served as a member of the Board of Gaisce, The President's Award, for 5 years, and was a member of The Legal Aid Board for 5 years. She is Adjunct Professor at the University of Limerick's Law school where she works particularly with the Centre for Crime, Justice and Victims Studies.

Ellen O'Malley-Dunlop was elected to The Council of Europe's GREVIO Committee, in June 2022. She now serves as a Vice President. GREVIO is the body of independent experts responsible for monitoring the implementation by the parties of the Council of Europe Convention on preventing and combating violence against women and domestic violence (the Istanbul Convention).

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George O'Malley—Master Plasterer

Prestigious award for master plasterer who worked on restoration of Longford's St Mel's Cathedral:

George O' Malley has been awarded a Master Certificate by the Worshipful Company of Plasterers.

A master plasterer who worked on the restoration of Longford's St Mel's Cathedral has been presented with a prestigious award. Mayo born plasterer George O' Malley has been awarded a



George O'Malley receiving his certificate from the Lord Mayor Alderman Alastair King and Master Plasterer James Minett

Master Certificate by the Worshipful Company of Plaisterers at a recent ceremony in London, the ultimate accolade and recognition of his outstanding craftsmanship and skill.

The Certificate was presented to O'Malley by the Lord Mayo Alderman Alastair King in the Egyptian Hall at the Mansion House London.

The Certificate from the Company founded in 1501 which establishes plastering standards and accredits plasterers is a highly sought after award.

"It is virtually impossible to be recognised by the Worshipful Company as a Master," O'Malley says. "You need 20 years' experience over a broad spectrum of practices which must be judged by your peers and deemed to be of a Master standard. Very few, if any, Irish plasterers have been recognised masters since Michael Stapleton (1741-1801)."

Ireland's leading master plasterer and specialist in the ancient art of decorative plasterwork, O'Malley is well known in construction, restoration and conservation circles for his meticulous high standards and knowledge of specialist craft techniques.

His projects over a career of nearly fifty years have included St Mels Cathedral Longford, Belvedere House, Newman House, Heuston Station and many of Ireland's great houses including Castletown, Emo Court, Fota and Ligouri House UCD.

Born in Burrishoole, Mayo, the eldest of five sons of Tom O'Malley, a master plasterer from Newport, George has been working since the age of 10 and started with his father in 1973 and later with his uncle George a master plasterer in Dublin for a further two years before setting up on his own business O'Malley Plastering in 1979 in Bray.

George O'Malley—Master Plasterer



Above: The Ceiling work in St Mels Cathedral, Longford

Below Left: George at work in St Mels, Longford, and Below Right: George with President of Ireland, Michael D Higgins at the rededication of St Mels Cathedral following completion of the works





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"Every Minute Matters" - Shawn O'Malley

A Cycle Relay across the UK to promote lifesaving CPR training has also been remembering Shawn O'Malley, a volunteer who, with the Red Cross, trained people in CPR for many years, specialising in training people working at large festivals and events. Shawn passed away as a result of a cardiac arrest in 2002, and in his memory, one of the "streets" at the famous Reading Festival is named after him, "O'Malleys Alley"

Over the past number of months, football clubs across the UK have been involved in a cycle relay promoting CPR training for their fans, in the "Every Minute Matters" campaign. On Sunday 6th April, once of the relay legs was cycled by Rob O'Malley, (Shawn's brother), along with former professional footballer Dion Dublin. Well done to Rob, Dion, and all the cyclists. A great



effort! Check out more details of the "Every Minute Matters" campaign below.

Lifesaving Every Minute Matters campaign smashes target as over 270,000 fans learn CPR

The Every Minute Matters campaign has smashed its target to encourage 270,000 people across Britain to learn CPR with almost two months to go.

In an incredible testament to the powerful force of football, the Sky Bet campaign has encouraged the equivalent of three times the capacity of Wembley stadium to use our online RevivR tool and start learning the lifesaving technique.

Now the campaign is setting its sights on making it a multiple of four – and encouraging 360,000 to learn CPR by the time the Sky Bet EFL Play-Offs kick-off at the end of May.

Sky Bet and the British Heart Foundation launched Every Minute Matters at Wembley Stadium in May 2024 – helped by the 'Re-Starting XI' a star-studded team of football legends and real-life heroes, including among others Luton Town captain Tom Lockyer, who suffered a cardiac arrest during a Premier League game against Bournemouth in December 2023.

Sky Bet also pledged to raise £3 million for our vital research and community defibrillator work. On hearing the 270,000 milestone had now been reached, Every Minute Matters and our ambassador Tom Lockyer said: "Thinking back to last May, and taking the pitch with the likes of Graeme Souness, Glenn Hoddle and David Ginola, it's just incredible to think of how much we've achieved. Hitting the 270,000 milestone is incredible, and every single person now has a unique

"Every Minute Matters" - Shawn O'Malley

skill in the hands. We've created a small army of lifesavers.

"I'm so proud of the efforts of everyone involved. We can now move the goalposts and put every effort into getting the number up to four Wembleys, from three – 360,000 people."

Relay hits halfway mark

The announcement comes as the Sky Bet EFL 'Every Minute Matters' 4,000km Relay hits the halfway mark, having challenged stars of the sport to complete one leg of a 28-day relay crossing England and Wales, taking in every one of the 72 clubs in the English Football League along the way.

Footie legends including Jack Wilshere, Graeme Souness, Dion Dublin and Troy Deeney are joining forces with the likes of comedian Elis James and broadcaster Sir Tony Robinson and supporting the four week marathon. Stars, real-life heroes and fans of EFL clubs have signed up to walk, run or cycle one of 72 legs, and are urging fans to donate their time by stepping up and learning CPR.

Aiming even higher

Each month more than 2,500 people suffer an out-of-hospital cardiac arrest in the UK and tragically less than one in 10 survive, often because those around them don't have the confidence to perform CPR. Every minute that passes reduces the chances of survival by up to 10%.

Dr Charmaine Griffiths, our Chief Executive, said: "In less than a year, we've seen hundreds of thousands of people rally behind Every Minute Matters and start learning vital CPR.

"It's incredible that this campaign has reached its ambitious target, and our heartfelt thanks goes to Sky Bet, the football community, talent, fans, the wider public and the UK media for their support and dedication to getting us there.

"But we aren't stopping here. We are now aiming even higher and hope an extra Wembley stadium learns CPR with RevivR by the end of May, in our efforts to ensure more lives are saved from out-of-hospital cardiac arrests."

Fans can show their support by learning CPR in just 15 minutes with the help of our free, simple and easy to use online tool, <u>RevivR.</u>

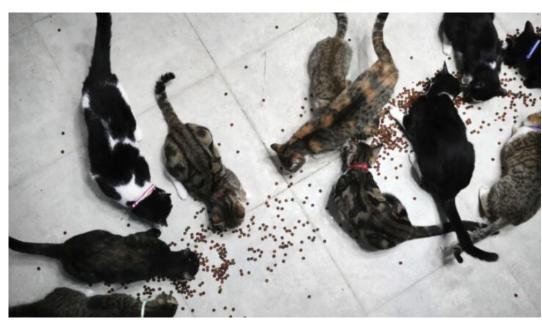


Check out an interview with Rob O'Malley on Sky Sports by clicking on the image below

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Pet Food standards may be slipping!—Katherine O'Malley

FDA cuts
may mean
even less
oversight of
pet food
Regulation of
pet food was
already spotty
and is about to
get worse



As a long time dog owner, I assumed that each bag of my dogs' commercial pet food was closely monitored by the federal Food and Drug Administration (FDA). It turns out I was wrong.

More than <u>102 million</u> U.S. households own a dog or a cat, and thousands more have fish, birds, or reptiles. The resulting pet food industry is massive — Americans spent <u>\$65 billion</u> on pet food and treats in 2023 alone.

But regulation of pet food in the U.S. is spotty. While it's true that the FDA regulates the ingredients found in commercial pet food, the agency doesn't approve individual products or brands. What's more, FDA oversight of the sprawling industry is shrinking thanks to <u>mass federal layoffs</u>, including at its <u>Center for Veterinary Medicine</u>, which <u>regulates</u> pet food.

Only the FDA and states have regulatory authority over commercial pet food in the U.S. The agency has regulated commercial pet food since <u>1938</u> and <u>requires</u> that it be safe for animals to consume, produced under sanitary conditions, free of harmful substances, and labeled truthfully. Each state also undertakes its own label review for each product and requires products be registered.

The FDA inspects pet food manufacturing facilities and initiates <u>recalls</u>. There were 17 pet food recalls in 2024, mostly due to salmonella and/or listeria contamination. And while the FDA does not approve brands or products, it does approve individual ingredients used in those products.

The basic idea is this: If a bag of dog food is labelled truthfully, free of harmful substances, produced in a sanitary way, and contains specific ingredients approved by the FDA, that bag can be sold in the U.S. But a product need not be especially nutritious to meet these requirements and go to sale. The FDA has no role in ensuring products that go to market are nutritionally sufficient or of high quality.

Instead, two nongovernment organizations have stepped in to set the standard: the <u>Association of American</u> Feed Control <u>Officials (AAFCO)</u> and the <u>World Small Animal Veterinary Association (WSAVA)</u>.

Though neither AAFCO nor WSAVA have regulatory authority, they both produce guidelines that pet food manufacturers try to meet, and <u>consumers</u> can use to distinguish an ostensibly "good" food from a "bad" food.

Pet Food standards may be slipping!—Katherine O'Malley

AAFCO is comprised of state and federal <u>feed officials</u> — experts in livestock and pet feed who set standards to define pet foods as "<u>complete and balanced</u>." To earn this designation, products must simply meet one of AAFCO's dog or cat food <u>nutrient profiles</u>, and/or pass a <u>feeding trial</u>.

WSAVA guidelines go much further, requiring that brands employ a board-certified nutritionist or scientist to formulate the food. Additionally, brands should oversee <u>quality control</u> and own the manufacturing facilities where food is made. WSAVA requires that feeding trials go above and beyond those of AAFCO.

Unlike AAFCO, WSAVA's members include major pet food conglomerates, including <u>Nestle</u>, <u>Mars Petcare</u>, and <u>Colgate-Palmolive</u>. Representatives from Nestle's Purina sit on WSAVA's <u>nutrition committee</u> and also make an annual <u>\$100,000+ donation</u> to WSAVA. Some smaller brands have <u>decried</u> corporate involvement in setting these guidelines, arguing that it unfairly tips the scales.

All of this is opaque to consumers.

With numerous voices of authority on pet food and confusion about whom to trust, pet owners often turn to a source where misinformation thrives: the internet.

There, fad diets take hold. Two recent examples are grain-free and raw diets.

Grain-free diets exploded in popularity in the <u>2010s</u>, as armchair experts seized on <u>scant research</u> about their anti-allergy benefits. Sales of grain-free food soared to nearly <u>\$5.5 billion</u> in 2019.

But from 2018 to 2022, the FDA began investigating nearly 1,400 complaints of dilated cardiomyopathy (DCM) in dogs (and a small number of cats). Canine DCM reduces the heart's ability to pump blood throughout the body and can result in severe illness and sudden death. Most affected pets had been eating grain-free diets.

Although the FDA's investigation <u>fizzled out</u> without a definitive conclusion, numerous <u>studies</u> have since suggested that high levels of pulses (as in the seeds of a legume plant) may be to blame instead.

Raw diets have also taken hold, spurred by <u>online proponents</u> of a <u>"natural" diet</u>. Raw diets consist of raw meat, eggs, and bones, as well as uncooked vegetables or fruits. These diets carry the risk of foodborne illness, including <u>bird flu</u>, seen as recently as January 2025 in California. Officials confirmed that indoor cats were exposed to the live virus in raw food and milk.

The rigorous inspection and monitoring services performed by FDA veterinary regulators were critical to exposing the dangers of these two fad diets. With significant cuts to their workforce, we could expect this onthe-ground oversight to suffer.

We have some local support, though.

Americans place great trust in their local veterinarians who serve as the first line of expertise and monitor patterns like fad diets. But vets face two challenges in delivering nutrition guidance to clients: a workforce shortage and training gaps.

Nearly all U.S. states have a <u>veterinary shortage</u>. There are not enough vets to meet the <u>60% increase</u> in household pet ownership since 1991.

Many practicing vets also don't feel adequately trained to dispense nutrition advice to their clients. Researchers from the <u>University of Wisconsin</u> found that 57% of surveyed vets received little or no formal training in small animal (e.g. dog and cat) nutrition.

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Time to nominate our next Tánaiste, check out the details

Every organisation needs a leader and the O'Malley Clan is no different. If you go back through the mists of time, the O'Malleys most famous leader would be usually acknowledged to have been Granuaile, or Grace O'Malley, often known as The Pirate Queen.

Our current Chieftain, also Grace O'Malley, (but not a pirate!), is leading the O'Malley Clan during 2024 and up to June 2025, where she will host O'Malleys from all around the world at The O'Malley Clan Gathering in Westport in County Mayo on the weekend of 27th to 29th June.

At the end of the annual O'Malley Clan Gathering next June, our current Tánaiste, Denise O'Malley, will take over the reins from Grace and will be inaugurated as the new Chieftain of the O'Malley Clan for the remainder of 2025 up to June of 2026. Denise will then host the annual o'Malley Clan Gathering in County Clare in June of 2026.

As has been done since 1953, a Tánaiste is elected each year as "Chieftain elect" and they then become Chieftain and continue an unbroken line back through the decades.

So what does the O'Malley Clan Chieftain actually do in the 2020's I hear you ask?

There aren't any tribal wars in which the Chieftain will need to lead us into battle thankfully, and so the main role of the Chieftain is ceremonial. Events can pop up from time to time during the year, but the main duty of each Chieftain is to lead the organisation, and the running of the annual O'Malley Clan Gathering on the last weekend in June each year.

You don't need to have a qualification in event management, so not to worry. There's a great team of folks on the O'Malley Clan Association committee who have literally decades of experience in putting the weekend together. All you'll need is a bit of enthusiaism, and a good sense of humour.

In order to be nominated for the position of Tánaiste you are required to be a current member, and to be nominated, you have to have agreed to be nominated, and are required to be nominated in writing, (the nomination form is below), by two other current members.

Of course if there is more than one nomination, and both nominees wish to contest a particular year, then an election would be held at the Annual General Meeting, on a 50% + 1 basis.

If you're thinking about putting your name forward, and seeking a nomination from some fellow members, don't worry that you're going to be thrown into the deep end and be asked to run the organisation from a standing start. The entire organisational side of things within the O'Malley Clan Association is overseen by the Guardian Chieftain. This position is filled every three years from within the ranks of the former Chieftains of the clan, with the Guardian Chieftain being selected and appointed by the Council of Chieftains. The Guardian Chieftain is there to guide the Chieftain of the day in making their year of office as Chieftain of the O'Malley Clan a success, and chairs the O'Malley Clan Association committee.

So, to conclude, if you'd like to be a part of history, and think you have what it takes to lead this powerful, historic, Irish clan. Have a think about it and have a chat with your family or other members.

If you've any questions at all on how it all works, there's information on the "about us" section of the O'Malley Clan Association wesbite, or pop us over an email to omalleyclanireland@gmail.com

Time to nominate our next Tánaiste, check out the details



Nomination of Tánaiste (Chieftain elect) for 2025 -2026

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Ellen O'Malley Dunlop, Guard	ian Chieftain		
33 Springfield Road		01-4-	
Templeogue		Photo or scan of signed form by e-ma to: ellenomalleydunlop@gmail.com	
Dublin 6W, Ireland	OR	to: elleriornalle	duniop@gmail.com

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O'Malley Clan Table Quiz coming up in Dublin!



The O'Malley Clan Gathering 2025, Westport, Co Mayo

Friday 27th June 2025

Walking Tour with Anne Chambers: "Westport House and the Descendants of Grace O'Malley" 5:00 pm - 6:00 pm (Ireland Time). Cost: Free

Location: Westport Adventure Park

Walking Tour of Westport Demesne grounds. Learn about the history of Westport House and the families who lived there from Anne Chambers, biographer and leading authority on Grace O'Malley - Granuaile the Pirate Queen. Note that this does not include a tour of Westport House itself. Tours of Westport House can be booked directly at www.westporthouse.ie

Annual General Meeting

7:00 pm - 7:45 pm (Ireland Time). Cost: Free

Location: Castlecourt Hotel, Westport

Guardian Chieftain Ellen O'Malley Dunlop will chair the AGM of the O'Malley Clan Association. All O'Malleys and their families are welcome but only members of the association may vote. The Chieftain, Treasurer and Secretaries will present their reports, a new Tánaiste will be elected and any motions submitted for discussion will be debated.

Chieftain's Reception

8:00 pm - 10:30 pm (Ireland Time). Cost: Free

Location: CastleCourt Hotel, Westport

Welcome to the O'Malley Gathering from Chieftain Grace. Mingle and meet other O'Malleys to the sound of traditional Irish music.





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The O'Malley Clan Gathering 2025, Westport, Co Mayo

Saturday 28th June 2025

"Bus Tour led by Anne Chambers: "Grace O'Malley and the Bourkes of Mayo"

9:30 am - 3:00 pm (Ireland Time). Cost: €35.00

Location: Pickup and return at Castlecourt Hotel, Westport

A bus tour of the O'Malley Castles at Carrigahowley and Kildavnet. Anne Chambers will be on hand to talk about the castles and their association with Grace O'Malley. A light lunch at Alice's restaurant in Achill Sound is included.

Screening of The Cry of Granuaile

4:00 pm - 5:30 pm (Ireland Time). Cost: Free

Walnut Suite, Westport Plaza Hotel

A recent film about Granuaile by director Dónal Foreman, shot on Clare Island.

Genealogy workshop with Dr Maurice Gleeson

A discussion on the genealogy of the O'Malleys, the Finding Grace DNA project and an opportunity for those exploring their O'Malley family trees to make contact with like-minded others. Led by Dr Maurice Gleeson, renowned genetic genealogist.

Gala Dinner

8:00 pm - 11:00 pm (Ireland Time). Cost: €55

Ashleigh Suite, Castlecourt Hotel

An evening of merriment in true O'Malley fashion, bringing together all the Clan from near and far over a delicious four course meal, followed by music and dancing.







The O'Malley Clan Gathering 2025, Westport, Co Mayo

Sunday 29th June 2025

Croagh Patrick climb

8:00 am - 1:00 pm (Ireland Time). Cost: Free

Location: Meet in the car park beside the Murrisk Community Cafe

Climb the famous "Reek", Croagh Patrick mountain overlooks Clew Bay and is a famous site for pilgrims. Check out this guide to the climb: https://www.destinationwestport.com/explore-westport/a-bluffers-guide-to-climbing-croagh-patrick.

This is not an organised event, but book here to let other O'Malleys know you're

planning to go.

Traditional Clan Mass

12:00 pm - 1:00 pm (Ireland Time). Cost: Free

Location: Murrisk Abbey

Outdoor Mass beside the ruins of Murrisk Abbey on the shores of Clew Bay.

Clan lunch and inauguration of new Chieftain

2:00 pm - 4:00 pm (Ireland Time). Cost: €39

LuSeas Rooftop Restaurant, Westport Coast Hotel, Westport Quay

Clan lunch at LuSeas Rooftop Restaurant with panoramic floor to ceiling views of Croagh Patrick and Clew Bay. After lunch, Tanaiste Denise O'Malley Kelly will be inaugurated as the new Chieftain of the Clan.

All events/activities during the weekend are subject to change









Page 18 Ó Máille

O'Malleys! Test your brain with a crossword on Ireland & the Irish in Movies

Across

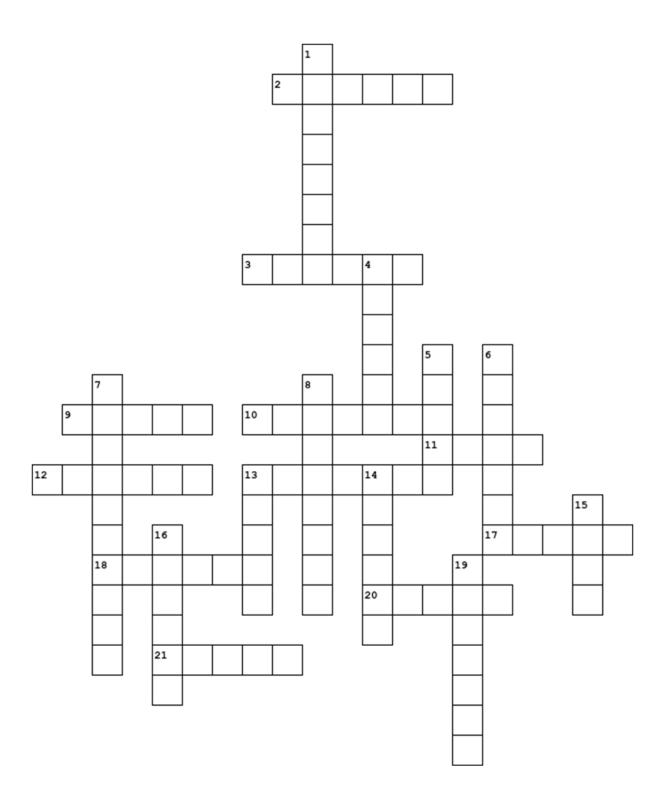
- 2. IN THE NAME OF THE GUILDFORD FOUR MOVIE
- 3. OPPENHEIMER
- 9. JOHN STAR OF "THE QUIET MAN"
- 10. BRENDAN MAD EYE MOODY
- 11. FAR AND TOM AND NICOLE'S IRISH STORY
- 12. PAUL STAR OF GLADIATOR 2
- 13. THE IRISH BOND
- 17..... FARRELL STAR OF IN BRUGES
- 18. LIAM STAR OF "MICHAEL COLLINS"
- 20. MAUREEN LEAD ACTRESS IN "A QUIET MAN"
- 21. DANIEL DAY BILL THE BUTCHER

Down

- 1. RYAN'S FILM CLASSIC BASED IN KERRY
- 4. RICHARD THE BULL MCCABE IN "THE FIELD"
- 5. SAOIRSE STAR OF BROOKLYN
- 6. SET SAIL IN 1912, ONE TRIP ONLY
- 7. MICHAEL FEATURED IN 12 YEARS A SLAVE
- 8...... GUERIN, MOVIE ABOUT A MURDERED JOURNALIST
- 13. GABRIEL STARRED IN THE USUAL SUSPECTS
- 14. LIAM STAR OF TAKEN
- 15. THE THAT SHAKES THE BARLEY
- 16. DARBY O GILL AND THE LITTLE
- 19. BRENDA WON AN OSCAR IN "MY LEFT FOOT"

LAST MONTH'S ANSWERS: **ACROSS**, 5 POLEVAULT, 8 ICEHOCKEY, 13 CROKEPARK, 14 DEUCE, 15 FIVE, 16 TYSON, 18 BOLT, 21 GOALKEEPER, 22 MARADONA **DOWN**, 1 AUGUSTA, 2 PHELPS, 3 DRIVER, 4 STRIKE, 6 FOUR, 7 REFEREE, 9 CRICKET 10 MARATHON, 11 CAMPNOU, 12 KERRY, 17 HURLING, 19 TOUR, 20 RELAY.

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The O'Malley Clan
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The O'Malley Clan Association aims to reach out to O'Malleys from all around the world and foster links between the O'Malleys around the globe and the clan at home here in Ireland.

The Clan Association formed in 1953 has been connecting O'Malleys around the world in The US and Canada, Britain, Australia, South Africa, New Zealand, South America, and anywhere else you can think of for 70 years now.

We hope with our website, and newsletter, that We can go from strength to strength in our aim to connect all the O'Malleys around the world.



www.facebook.com/omalleyclan



O'Malleys! We need you! Join Today!





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Association Needs You!

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